# The Air Hill Breezes



2023

Air Hill BIC Church 7041 Cumberland Hwy. Chambersburg, PA 17202 267-3373 airhilloffice@gmail.com Office Hours Mon.— Fri. 8-12

# AIR HILL STATEMENT OF PURPOSE

"To Follow Jesus Christ through the Wind of the Holy Spirit"

Lately, as an ally, I have been on the Covenant Eyes app taking their courses about how to be released from pornography. Some of what they say applies to much more than pornography. I have written below a paraphrase of one of their courses. Their courses, by the way, apply to more than pornography; there is much to learn about life. I am going to apply this to my life of TV watching as a young teen and later. As you read this, think about what "addiction," or wrongly placed "love" that you have and apply it to your life.

Covenant Eyes talks about three questions in trying to understand your journey. First question: **How did I get here?** There are three considerations to this question: 1) Early exposure- when did you first get exposed to pornography, television, donuts, or whatever; 2) drama/trauma- what issue in your life turned it into a place to escape. (Maybe there was a death or a divorce or an abandonment or loneliness or a bully or a...); and 3) Repetition- as we repeat actions, those actions (pornography or TV) change our body, especially in our neural pathways. The more we repeat our actions, the more ingrained those patterns become. We come to a place where we don't even think about what we are doing. Most people sit in the same pew without thinking; it has become so ingrained. Thus, in my story, in my early days my family always had a TV, though it was black and white, and we barely got three channels. That was my early exposure. Then, as I became a teenager, with me being the youngest and my oldest siblings having their own lives, and with me being more reserved, I chose to watch more TV. It became entrenched in me. I watched two to three hours of TV a night, especially to cover boredom and loneliness. What is your story?

Second question: **Why do I stay stuck?** Covenant Eyes mentions three reasons people stay stuck:

1) Denial – a person believes their habit is not all that bad, or that their habit does not even exist; 2) Self-sufficiency- a person believes that they can handle their problem on their own; they don't need help; and 3) Secrecy- the goal is to keep things quiet and not let anyone else know, though quite often others do know. If I never thought my TV watching was bad, then I would still be watching a lot. However, at some point, I realized that I watched TV too much, and God has enabled me to watch less and less. Breaking the secrecy through confession to God and to others is such an important part of being healed. Check out James 5:16.

Third question: **Why is it so hard to break free?** Sometimes people expect a quick fix to a lifelong habit. They sometimes give up pretty quickly thinking all problems should disappear almost instantly. Secondly, many rely only on willpower. The willpower must fight the brain/body trained by the addiction, thus usually willpower alone often cannot get rid of an addiction. "When we admit we are powerless, we can learn practical ways to depend on God's grace and grow stronger with the help of supportive allies."

Whatever the addiction, think about these points in how a person may be set free. Seek God and others to help you break your addiction and experience freedom in Jesus Christ.

#### June 2023 Church Board Highlights

- The board discussed a Financial Auditor Checklist and motioned to accept the checklist.
- A banquet for volunteers was approved and set for October 7, 2023.
- A motion was approved to begin advertising to the BIC churches for the position of Administrative Assistant.

JULY 2023 BIBLE READING PLAN							
1	1 Chron. 1-2	14	2 Chron. 3-5				
2	1 Chron. 3-4	15	2 Chron. 6-7				
3	1 Chron. 5-6	16	2 Chron. 8-9				
4	1 Chron. 7-9	17	2 Chron. 10-12				
5	1 Chron. 10-11	18	2 Chron. 13-16				
6	1 Chron. 12-14	19	2 Chron. 17-19				
7	1 Chron. 15-16	20	2 Chron. 20-21				
8	1 Chron. 17-19	21	2 Chron. 22-24				
9	1 Chron. 20-22	22	2 Chron. 25-27				
10	1 Chron. 23-25	23	2 Chron. 28-29				
11	1 Chron. 26-28	24	2 Chron. 30-33				
12	1 Chron. 29	25	2 Chron. 34-26				
13	2 Chron. 1-2						

#### July Spiritual Exercise:

Choose to study an addiction, yours or someone else's you know. Try to discover what it is like to be in bondage to that issue without trying it yourself. Discover this through:

- 1) reading about the issue;
- 2) watching videos about this issue; and
- 3) talking to people with this issue.

With a heart of compassion, pray for this individual to be delivered.

#### JulyPrayer:

You are kind, God!
Please have pity on me.
You are always merciful!
Please wipe away my sins.
Wash me clean from all
of my sin and guilt.

Psalm 51:1-2 CEV

#### Community of the Month

#### <u>Upperstrasburg</u>

You can do prayer walks, pray as you drive through, talk and pray with people from those areas.

# CONGRATULATIONS

### RACE FOR POVERTY PARTICIPANTS







# From the Missions Committee

The relief project for the **5th Sunday Offering** in July will be the Nono Clinic Building in Zimbabwe.

Access to adequate healthcare services is a major challenge in Western Zimbabwe. In many remote communities, people must travel long distances – often on foot – to receive medical care, making preventative or primary care nearly impossible. As a result, many treatable illnesses go undetected until they are far more serious.

The BIC Nono Mission is located in rural Western Zimbabwe. Currently only one clinic serves this area and is often overwhelmed by demand. The nearest hospital is more than 30 miles away.

Please prayerfully consider giving to this special project on July 30.

## Featured missionaries of July:

Our country of emphasis for prayer in July is Thailand. Please check the bulletin board by the mailboxes to see our missionaries, Kris and Silk, who serve in Thailand. See some of the ways you can pray for them.

#### **Shepherd Ministry Moments**

Friday, June 23rd at 6:30 pm, the shepherds met together for our 2nd training and fellowship of 2023. Our theme for the year is "Full of Grace & Truth" taught by Pastor John. We are learning how to apply God's Word through God's grace and truth to help us shepherd our flock families (our sheep) in a greater way.

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Grace & Truth breaks down barriers between us, it over looks sarcasm, it finds the common ground in which to speak, it shows patience in midst of misunderstandings and it gently addresses sin. Through the power of the Holy Spirit working in us as shepherds, we will grow in the grace and knowledge of our Lord and Savior Jesus Christ.

We enjoyed singing together and praying for each other. We ended our evening with refreshments and fellowship. It was a good evening of bonding together with our brothers and sisters in Christ.

If God is calling you to a caring ministry, please say yes. You will be blessed.

Submitted by Rozanna Myers

# Fall Sunday School Elective beginning September 3, 2023. Please sign up on the bulletin board as soon as possible.

## **Biblical Parenting**

Study 1: LOVING DISCIPLINE

Study 2: RAISING COUNTER-CULTURAL TEENAGERS

Study 3: FEAR FACTORS IN PARENTING

Study 4: FRIENDSHIPS THAT BENEFIT PARENTING

Study 5: PARENTING TOGETHER

Study 6: MODEL SELF-CONFIDENCE FOR YOUR KIDS

Study 7: THE GROUND RULES OF DISCIPLINE

Study 8: GREAT EXPECTATIONS

Study 9: **RESPONSIBILITY SUPER MODELS** 

Study 10: REPLACE WHINING WITH RESPECT

Study 11: TEACHING RESPONSIBILITY DOESN'T HAVE TO BE A CHORE

Study 12: MENTORING YOUNGSTERS TOWARD ADOLESCENCE

Study 13: CREATING A STRONGER PARENT-CHILD BOND



# ROXBURY CAMP

#### Friday, August 4

6:00 PM Prayer- Berean Gardens 7:00 PM Speaker - Perry Engle

#### Monday, August 7

8:30 AM Prayer-Tabernacle 10:30 AM Speaker - Jeff Piepho 1:30 PM Elective Seminars 6:00 PM Prayer - Berean Gardens 7:00 PM Speaker - Perry Engle

#### Thursday, August 10

8:30 AM Prayer-Tabernacle 10:30 AM Speaker- Kristyn VanBuskirl 1:30 PM Elective Seminars 6:00 PM Prayer - Berean Gardens 7:00 PM Speaker - Larry Locke

#### Sunday, August 13

8:30 AM Prayer-Tabernacle 10:30 AM Speaker - Larry Locke 1:30 PM Speaker - Jeremy Spear

#### **SEMINAR INFO**

#### MONDAY

John Yeatts-Tabernacle Carlos Rosado-BCC Fireside

#### TUESDAY

John Yeatts-Tabernacle Carlos Rosado-BCC Fireside BICWM-BCC Main Lounge

#### WEDNESDAY

John Yeatts-Tabernacle Carlos Rosado-BCC Fireside BICWM-BCC Main Lounge BICWM-BCC Dining Room

#### THURSDAY

John Yeatts-Tabernacle Carlos Rosado-BCC Fireside

#### FRIDAY

John Yeatts-Tabernacle Carlos Rosado-BCC Fireside

#### YOUNG ADULTS

The Young Adults will be meeting daily at 1:30PM.
Join us in the Hemlock Lounge for a great time of teaching and discussion.
Come connect with others who are seeking to find and fulfill God's purpose.

#### Saturday, August 5

8:30 AM Prayer-Tabernacle 10:30 AM Speaker - Jeff Piepho 1:30 PM Concert - The Joneses 6:00 PM Prayer - Berean Gardens 7:00 PM Speaker - Jeff Piepo

#### Tuesday, August 8

8:30 AM Prayer-Tabernacle 10:30 AM Speaker - Jeff Piepho 1:30 PM Elective Seminars 6:00 PM Prayer - Berean Gardens 7:00 PM Speaker - Perry Engle

#### Friday, August 11

8:30 AM Prayer-Tabernacle 10:30 AM Speaker- Kristyn VanBuskirk 1:30 PM Elective Seminars 6:00 PM Prayer - Berean Gardens 7:00 PM Speaker - Larry Locke

## MEAL INFO

Opening dinner Friday August 4 through closing lunch Sunday August 13 the schedule is as follows daily: Breakfast 7:45AM - 8:30AM Lunch 11:45AM - 12:30PM Dinner 4:30PM - 5:15PM

Elementary, Jr. High, and High School sessions are 10:30AM and 1:30PM

#### JR. HIGH

Daily in the Sunbeam Center, Jr. High students come together for interactive and high energy lessons, worship, crazy games, and a ton of fun! Each day includes either a Late Night Activity or an Afternoon Activity in addition to the sessions.

#### HIGH SCHOOL

Teen Camp meets in the Hawbaker Legacy Retreat Center. Mornings include worship & teaching. Afternoons will include small groups and games. Speaker - Zach Salazar

#### Sunday, August 6

8:30 AM Prayer-Tabernacle 10:30 AM Speaker - Perry Engle 2:00 PM Concert - Megan Tibbits 6:00 PM Prayer - Berean Gardens 7:00 PM Speaker - Perry Engle

#### Wednesday, August o

8:30 AM Prayer-Tabernacle 10:30 AM Speaker - Jeff Piepho 1:30 PM Elective Seminars 6:00 PM Prayer - Berean Gardens 7:00 PM Speaker - Larry Locke

Saturday, August 12- Missions Day 8:00 AM Prayer- Berean Gardens 10:30 AM Morning Service - Missions 1:30 PM Afternoon Service - Missions 6:00 PM Prayer - Berean Gardens 7:00 PM Speaker - Larry Locke

#### **LUNCH COUNTER**

Burgers/Fries/Hot Food 11:30AM - 1:00PM 8:30PM - 10:00PM \*Every day but Sunday

#### SNACK BAR

Ice Cream and Sweets 3:00PM-6:00PM 8:30PM-10:00PM \*Every day but Sunday

#### NURSERY

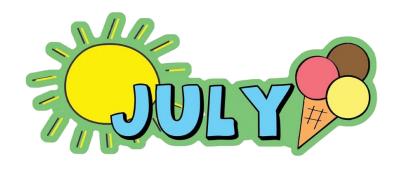
The nursery is staffed 15 min before and after each adult session, starting on the first Saturday. There are fun and educational activities for toddlers. If your child has a food allergy, please notify staff when checking child in.

#### **ELEMENTARY**

Elementary Camp for 5 yrs- 5th grade meets in the Berean Center. We have fun getting to know each other and growing closer to Christ as we learn to follow Him. Afternoons include various family activities as well as guest speakers that share their unique gifts while pointing kids towards Christ.

PRAYER IS THE LIFE OF CAMP MEETING. TAKE TIME TO WORSHIP THE FATHER DURING THE DAILY PRAYER TIMES: 8:30 AM IN THE TABERNACLE AND 6:00 PM IN THE BEREAN GARDENS. FOR PRAYER 24/7 CALL OR TEXT: (717)456-0622

# MEETING AUG.4-13



Sun Mon Tue Wed Thu Fri Sat

						1 7-8 am Men's Group
2 8:20 Breakfast 9:00 S.S.	3	7:00 pm Praise/ Prayer	5	6	7	8 <sub>7-8</sub> am Men's Group
10:00 Worship	You	th i	n K	ent	:uel	<u>Z</u>
9 8:20 Breakfast 9:00 S.S. 10:00 Worship	7:00 pm Church Board	11 7:00 pm Praise/ Prayer	12 6:30 pm Youth Group	13	14	15 7-8 am Men's Group
16 8:20 Breakfast 9:00 S.S. 10:00 Worship	17 6:30 pm Finance Committee	18 7:00 pm Praise/ Prayer	19 6:30 pm Youth Group	20	21	22 7-8 am Men's Group
23 8:20 Breakfast 9:00 S.S. 10:00 Worship	24	25 7:00 pm Praise/ Prayer	26	27 6:30 pm Proper- ty Mgt. Meeting	28	29 7-8 am Men's Group
30 8:20 Breakfast 9:00 S.S. 10:00 Worship	31 7:00 pm Sunday School Commit- tee					